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The Memoir Of Tina Keller-Jenny: A Lifelong Confrontation With The Psychology Of C.G. Jung (Analytical Jungian Psychology)



Synopsis

Tina Keller-Jenny (1887-1985) was a Swiss physician and Jungian psychotherapist who witnessed firsthand the development of analytical psychology during its formative years. In this memoir, she provides an intimate glimpse into this world. She shares her experiences of C. G. Jung himself and his closest associate Toni Wolff, and highlights the development of the technique of active imagination in her analyses. In addition, Keller-Jenny was one of the pioneers in integrating analysis with body-based approaches such as movement and dance. In this work, we see the seeds of active imagination in movement, which has since become a major element in the field of body-sensitive analysis. Her innovative work in finding ways in therapy to communicate what cannot be expressed in words is a remarkable anticipation of contemporary discoveries in interpersonal neurobiology. Healing professionals and those drawn to the inner life will find a rich feast in these pages.

Book Information

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Customer Reviews

A very straight-forward read from a, well, that I know of, little-known, analyst who studied under Jung and his mentees, Toni Wolff, and others. The wonderful thing about Keller-Jenny's memoir, her writing and the editors compilation is that this is not a blind devotee of Jung, his students and the training. Keller-Jenny makes clear the gender-bias that was a part of her own marriage, Jung's marriage, how he treated his female students and analysts and the societal limitations that Keller-Jenny persevered through to become a respected doctor and analyst, all the while a mother

and wife and student. Keller-Jenny addresses the limitations that Jungian analysis has for the general public, insurances and brief therapies. A welcome point of view from an unfairly unknown analyst.

thx

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